January 2025 GIBBONS NEWSLETTER

The latest programs and events for the Town of Gibbons



Program will run daily / Ages 18+

Cost: \$20 for the Winter session

January 17-April 30

Wednesday Evenings

7:00PM-8:00PM

March 6 - April 17

\$125+ GST

Registration

Monday-Friday 11AM-12PM & 2PM-3PM

Location: Gibbons Cultural Centre Auditorium

gibbons.ca/register or visit the Town Office

Wednesday Morning

Instructor Darryl 11AM-12PM

Coffee and chat

in the Pembina Room from 12PM to 1PM

2nd Floor Yoga room @ Gibbons Cultural Centre

Scan OR

to Register

Registration: www.gibbons.ca/register

BETTER FITNESS &

BALANCE THRU TAI CHI

Learn enjoyable movements and exercises derived directly from Tai Chi that will strengthen your legs and hips, develop balance, improve flexibility and increase your cardiovascular health. All movements are adaptable to any fitness level and physical situations. Become safer, stronger and more fit with enjoyable, simple individual exercises from Tai Chi.

Any questions contact 780-923-2374



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Sturgeon

Sturgeon

BABYSITTING SAFETY COURSE

Location: Gibbons Cultural Centre Date: March 10, 2025 Time: 9:00AM - 3:00PM PD Day Cost: \$50 Ages: 11.5+

Register Here:

https://www.gibbons.ca/register



Scan QR To Register

Any questions call community services 780-923-2374







UESDAY NIGHT

WITH SHANNON

@GIBBONS CULTURAL CENTRE TUESDAY EVENINGS 6:00PM-7:30PM 2ND FLOOR YOGA ROOM JANUARY 14-FEBRUARY 25 \$100+ GST

REGISTER HERE: www.gibbons.ca/register

Gibbons

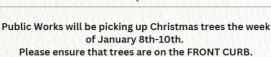




GIBBONS OUTDOOR RINK SHACK

HOURS: 9AM - 9PM, NOT OPEN ON STAT HOLIDAYS

PLEASE NOTE, TAMPERING WITH OUR SECURITY SYSTEM BY PROPPING DOORS OPEN AFTER HOURS WILL RESULT IN TEMPORARY CLOSURE OF THE SHACK



Christmas Tree

Recycling



Monday-Friday 3:00PM-7:00PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Town Offices Closed For New	Garbage & Recycling 2	3	4
Public Skate 3:15 PM-4:15PM	Public Skate 4:00PM-5:00PM	Stick & Puck Skate 12:00PM-1:30PM	Years Day	Adult Skate 12:00PM-1:30PM		
5 Public Skate 3:15 PM-4:15PM	Walking Group 6 11:00AM-12:00PM 2:00PM-3:00PM Public Skate 4:00PM-5:00PM	7 Parents Walking group 8:45AM-9:45 AM Stick & Puck Skate 12:00PM-1:30PM	Regular Meeting of 8 Council 10:00AM Walking Group 11:00AM-12:00PM 2:00PM-3:00PM	Garbage Only 9 Adult Skate 12:00PM-1:30PM	10	
12 Public Skate 3:15 PM-4:15PM	Walking Group 13 11:00AM-12:00PM 2:00PM-3:00PM Public Skate 4:00PM-5:00PM	14 Parents Walking group 8:45AM-9:45 AM Stick & Puck Skate 12:00PM-1:30PM	Walking Group 15 11:00AM-12:00PM 2:00PM-3:00PM Tai Chi Class 7:00PM- 8:00PM *Registration required	Garbage & Recycling 16 Adult Skate 12:00PM-1:30PM	17	18
19 No Public Skate	Walking Group 20 11:00AM-12:00PM 2:00PM-3:00PM Public Skate 4:00PM-5:00PM	21 Parents Walking group 8:45AM-9:45 AM Stick & Puck Skate 12:00PM-1:30PM	Walking Group 22 11:00AM-12:00PM 2:00PM-3:00PM Regular Meeting of Council 7:00PM Tai Chi Class 7:00PM-8:00PM *Registration required	Garbage Only 23 Adult Skate 12:00PM-1:30PM	24	2
Public Skate 26 3:15 PM-4:15PM	Walking Group 27 11:00AM-12:00PM 2:00PM-3:00PM Public Skate 4:00PM-5:00PM	28 Parents Walking group 8:45AM-9:45 AM Stick & Puck Skate 12:00PM-1:30PM		Garbage & Recycling 30 Adult Skate 12:00PM-1:30PM	31	
ffice Closures	Programs	Events	Council Mee		ate Times	Garbage Days

Skating Lessons

Thursday's @ Gibbons Arena

January 2 - February 27, 2025

\$\$90 for 7 classes

No Classes Jan 30 & Feb 6

Classes are designed for all skill levels. Please register according to age to ensure appropriate games and instruction.

Ages 3-7 (Parented) 4:20PM- 4:50PM

Ages 4-6 4:55PM- 5:25PM Ages 7-10 5:30PM- 6:00PM



То

Sturgeon

Parent + Kids Walking Group

Join our Parent + Kids indoor walking group this Winter.

Location: Gibbons Cultural Centre Auditorium Time: 8:45AM-9:45AM Dates: Tuesday's January 7-April 22, 2025 Price: \$20+GST

Registration: www.gibbons.ca/register



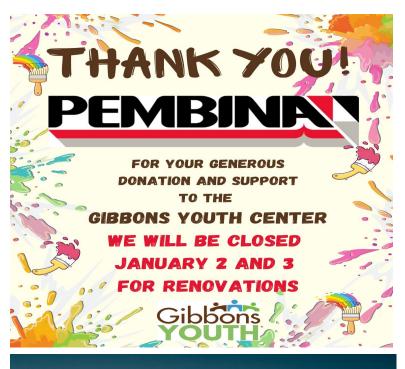
Any Questions Call 780-923-2374 Scan QR

To register



Gibbon	s J	AN	U	AR	Y	2025
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Happy Have Gear Sorry.We're CLOSED	Sovry.We're CLOSED Closed for Renovations	Sorry, We're CLOSED	4
5	Yarn 6 Wrapped Snowmen	Mystery ⁷ Drawings	Nerf ⁸ Wars	Baking ⁹ Day Smores	10 Bingo	11
12	Crumpl ¹³ Paper Art	Lothespin Snowflakes	15 Spikeball	Baking16 Day Crepes with Mrs. Kugler	17 Charades	18
19	Pony 20 Bead Animals	Making Teepees with CHES	Yoga22 by Amanda	Baking ²³ Day Apple Nachos	Make a ²⁴ Comic Strip	25
26 	Card ²⁷ Games	28 Cosmic Gambance Gamba	29 Soccer	Baking ³⁰ Day Ice Cream Sundaes	Movie 31 Night In Partnership With	Gibbons Public Library Conset, Explore, Discover

Youth Center will be open 3-7 pm





<image>

Drop in with your children to this FREE play program filled with activities, songs, snacks and more. All are welcome, with activities geared for children aged 0 to 6 years.

Learn more about how to help your children thrive

Saturday Mornings

WINTER SCHEDULE 2025

Fort Saskatchewan Families First Building 9901 90 Street

9:30 am to 11:30 am

⊘ January 11
⊘ February 01
⊘ March 01

Alberta Provincial Family Resource Networks

Program of the Fort Saskatchewan and Sturgeon Region Family Resource Network

Bon Accord Gibbons Food Bank



For your support





Legion Veterans & First Responders New Years' Day Brunch 11:00-3:00 PM Ham, Scalloped Potatoes, Veggies and Dessert For info or to register, contact Val @ 780-233-5629

SELLY

PLAY

IN-PERSON

DROP-IN

Join us for songs, rhymes,

stories and time to play!

Drop-in to this FREE,

caregivers and their

facilitated program for

children aged 0 to 6 years.



Families First Building 9901 90 Street 12:30 to 2:30 pm

January 14, 21, 28 February 04, 11, 18, 25 March 04, 11, 18

THURSDAYS: LEGAL Citadel Centre

4812 51 Avenue 9:30 to 11:30 am

Pembina Place

4944 53 Street

9:30 to 11:30 am

January 14, 21, 28 February 04, 11, 18, 25 March 04, 11, 18

January 16, 23, 30 February 06, 13, 20, 27 March 06, 13, 20 Provincial Family Aberta Resource Networks

Program of the Fort Saskatchewan and Sturgeon Region Family Resource Network

BON ACCORD

We hope to be back in Bon Accord soonstay tuned for a new location!

Gibbons Public Library

Book Club - 9 January - 6:30 - 8pm Sarah's Key - Tatiana de Rosnay Parent Friendly Book Club - 27 January - 5:30 - 7pm The Thirteenth Tale - Diane Setterfield HomeSchool Group - Thursdays - 10:30 - 11:30am Writers Group - 8 January - 1:00 - 2:30pm Board Game Night - Wednesdays - 5 - 7pm Snack & Play - Tuesdays - 10 - Ilam Drop-in LEGO - Saturdays from IOam - 2pm

FREE Community Kitchen Party - 25 January - 6 - 9pm Gather together to enjoy live music, share stories, eat some food and meet other people in our community. This East Coast themed event will be one to remember.

18+ and REGISTRATION REQUIRED. Come into the Gibbons Public Library or call us at 780-923-2004 to register.

Free Workshop: Self-Care When You're Feeling Stretched Thin 18 January - 10 - 11:30am

When life feels overwhelming, self-care often takes a backseat-but it doesn't have to be complicated. Join Melissa Masse, a registered social worker, for a relaxed, down-to-earth workshop about caring for yourself when you're feeling stretched thin. You'll walk away with realistic tools you can actually use, even on your busiest days.

This event is open to all. There is no cost, but registration is required for this event - you can register by calling the Library at 780-923-2004.

Everyone who attends will also receive a self-care gift to take home.

Connect, Explore, Discover

