

October 2024

# GIBBONS NEWSLETTER

The latest programs and events for the Town of Gibbons

## NATIONAL DAY FOR TRUTH & RECONCILIATION

**Date: Wednesday, October 2, 2024**

**Time: 5:30pm - 7:00pm**

**Location: 5115 - 51 St. Gibbons, AB  
(Gibbons Cultural Centre Auditorium)**

*An evening of sharing,  
entertainment and bannock!*



*Wear orange!*



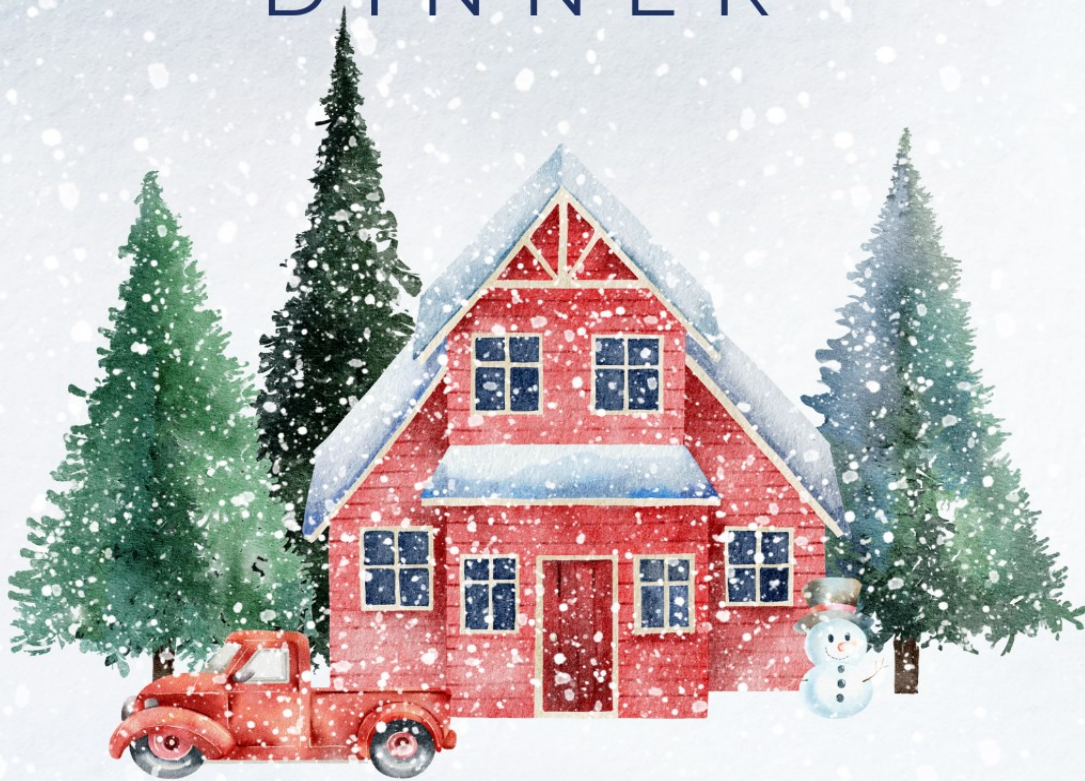
Gibbons Public Library  
Connect, Explore, Discover



[www.gibbonslibrary.ab.ca](http://www.gibbonslibrary.ab.ca)



33RD ANNUAL  
*SENIORS'*  
*Almost Christmas*  
- DINNER -



NOVEMBER 22, 2024

5:00-10:00 PM

GIBBONS CULTURAL CENTRE

5015 51 STREET GIBBONS

TURKEY BUFFET,  
MUSIC PROVIDED BY THE RYAN SNOW BAND,  
CASH BAR

TICKETS  
**\$25**

TICKETS AVAILABLE OCTOBER 7TH:  
IN PERSON @ THE TOWN OF GIBBONS OR  
ON LINE @ [GIBBONS.CA/REGISTER](http://GIBBONS.CA/REGISTER)

**Youth Centre Hours:**

**Monday-Friday 3:00PM-7:00PM**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 National Day For Truth & reconciliation day event Tai Chi Class 7:00PM-8:00PM *Registration required	3 Garbage Only Sturgeon Region Seniors Conference Gibbons Cultural Centre Adult Skate 12:00PM-1:30PM Skating Lessons @Arena	4	5
6 Public Skate 3:15 PM-4:15PM	7 Chair Yoga 1:30PM-2:30PM *Registration Required Public Skate 4:00PM-5:00PM	8 Stick & Puck Skate 12:00PM-1:30PM	9 Regular Meeting of Council 10:00AM Tai Chi Class 7:00PM-8:00PM *Registration required	10 Garbage & Recycling PCN Diabetes Workshop Gibbons Cultural Centre Adult Skate 12:00PM-1:30PM	11	12
13 Public Skate 3:15 PM-4:15PM	14 Town Offices & Arena Closed For Thanksgiving	15 Stick & Puck Skate 12:00PM-1:30PM	16 Tai Chi Class 7:00PM-8:00PM *Registration required	17 Garbage Only Adult Skate 12:00PM-1:30PM Skating Lessons @Arena	18 Mayors Luncheon 11:00AM-1:00PM	19
20 Public Skate 3:15 PM-4:15PM	21 Chair Yoga 1:30PM-2:30PM *Registration Required Public Skate 4:00PM-5:00PM	22 Stick & Puck Skate 12:00PM-1:30PM	23 Regular Meeting of Council 7:00PM Tai Chi Class 7:00PM-8:00PM *Registration required	24 Garbage & Recycling Adult Skate 12:00PM-1:30PM	25	26
27 Public Skate 3:15 PM-4:15PM	28 Chair Yoga 1:30PM-2:30PM *Registration Required Public Skate 4:00PM-5:00PM	29 Stick & Puck Skate 12:00PM-1:30PM	30 Tai Chi Class 7:00PM-8:00PM *Registration required	31 Garbage Only Adult Skate 12:00PM-1:30PM Skating Lessons @Arena		

Office Closures

Programs

Events

Council Meetings

Free Skate Times

Garbage Days

Bon Accord Gibbons Food Bank

## CHRISTMAS HAMPERS

Applications will be accepted  
**October 1 - November 30**

Applications are available at the Food Bank or through email

780-923-2344 5016 50 St, Gibbons  
Bon Accord & Gibbons Food Bank  
bonaccordgibbonsfoodbank@gmail.com

Bon Accord Gibbons Food Bank  
780-923-2344  
5016 50 St, Gibbons

TOWN OF GIBBONS

## MAYOR'S LUNCHEON

Past, Present & Future of the Town of Gibbons

Join us to discuss the past, present and future of the Town of Gibbons

**FRIDAY  
OCTOBER 18TH  
11:00 AM - 1:00 PM  
GIBBONS CULTURAL CENTRE  
\$40.00 PER PERSON**

MORE INFORMATION

780-923-3331  
gibbons.ca

**Gibbons**  
ROOTED IN FAMILY



# Gibbons Senior Transportation

**Shopping Trips:** First and Third Tuesday of the month to Fort Saskatchewan for shopping. Leaves from the Dew Drop Inn at 9:00am returns around Noon. **No Cost for Gibbons Seniors**

**Coffee Time:** Weekly on Mondays and Thursdays morning to the Dew Drop Inn from 10-11am. Home pick up and drop off in Gibbons. **No Cost for Gibbons Seniors**

Proudly Sponsored By:

FOR MORE INFORMATION AND TO REGISTER call Gibbons Family Resource Centre at 780-923-2374



# FREE PUBLIC SKATING

780-923-2681

ARENA CLOSED ON ALL STATUTORY HOLIDAYS

**MONDAYS: PUBLIC SKATING\* 4:00-5:00PM**  
\*Helmets required for all U18

**TUESDAYS: STICK AND PUCK\* 12:00-1:35PM**  
\*Helmets/hockey gloves required

**THURSDAYS: ADULT SKATE 12:00-1:30PM**

**SUNDAYS: PUBLIC SKATE\* 3:15-4:15PM**  
\*Helmets required for all U18

**Extra! Extra!**  
**Read All About It!**  
**Gibbons Youth Center**  
**is Now Open**  
**5 Days a Week**  
**Monday to Friday**  
**3:00pm to 7:00pm**

At the Youth Center Located in the Gibbons Cultural Center  
5115 - 51 street

DRAW DATE EXTENDED!!

# Gibbons YOUTH OCTOBER 2024

Sunday	Monday	Tue.Sday	Wedne.Sday	ThursDay	Friday	Saturday
		<b>Paper Airplanes</b>	<b>1 Visiting Truth &amp; Reconciliation Event at GCC</b>	<b>3 Baking Day</b> Rice Krispie Squares	<b>4 BINGO</b>	
<b>6 Fire Prevention Week Fire Drill</b>	<b>7 Perler Beads</b>	<b>8 Pottery Guest</b>	<b>9 Cooking Day</b> French Toast	<b>10 Karaoke Night</b>		<b>12</b>
<b>13 Sorry We're CLOSED</b>	<b>14 Cosmic Nocturne Gaming</b>	<b>15 Saffron</b> The Basics: My Body, My Boundaries Presentation	<b>16 Baking Day</b> Donuts	<b>17 Just Dance</b>		<b>19</b>
<b>20 Minute To Win It Games</b>	<b>21 Dreamcatchers with CHS</b>	<b>22 Capture The Flag</b>	<b>23 Cooking Day</b> Halloween Cupcakes	<b>24 Movie Night</b> In Partnership With Gibbons Public Library	<b>25</b>	<b>26</b>
<b>27 Decorate the Youth Center</b>	<b>28 Card Games</b>	<b>29 Youth Center Halloween Party</b> Wear Your Costume	<b>30 Have a Safe and Fun Night Trick or Treating</b> Youth Center Closed	<b>31</b>		

Youth Center will be open 3-7 pm

## HOME ALONE SAFETY TRAINING COURSE

**Date: October 15th PD Day**  
**Time: 9:00AM-3:00PM**  
**Location: Gibbons Cultural Centre**  
**Cost: \$40**

Registration: <https://www.gibbons.ca/register>

Helpful, confidence boosting training for Ages 10+ to be able to stay Home Alone Safely.

Scan QR To Register

The Sherwood Park – Strathcona County Primary Care Network (PCN) has partnered with the Gibbons Family Resource Centre to deliver group programming to support you in managing your health.

The Sherwood Park - Strathcona County PCN multi-disciplinary team of healthcare professionals – nurses, dietitians, behavioural health consultants, mental health therapists, pharmacists, and exercise specialists – who are dedicated to supporting your health and wellness needs. When needed, we also offer one-on-one appointments.

We serve the communities of Sherwood Park, Strathcona County, Fort Saskatchewan, Lamont, Gibbons, Redwater, Bon Accord, parts of Edmonton, and surrounding areas.

## DIABETES - THE FUNDAMENTALS - OCTOBER 10, 2024, 1:00 PM



Location: Gibbons Cultural Centre, 5115 51 Street

In this interactive group class led by a Registered Nurse, you will learn the basics about diabetes, how it may be treated, and the potential problems diabetes can cause to your health if it is left unchecked. You will be provided strategies for managing your blood sugar level through choices and changes in diet and lifestyle. You will learn how best to take care of your feet and the importance of setting personal goals to be successful in living well with diabetes.

## FINDING BALANCE - NOVEMBER 13, 2024, 1:00 PM



Location: Gibbons Cultural Centre, 5115 51 Street

This workshop is led by an Exercise Specialist and is designed to increase awareness of what factors increase your risk of falling, as well as to discuss interventions that can help reduce your risk of falling. After the presentation, we will be reviewing/practicing exercises to focus on building strength and increasing balance. Come prepared to move!

To register, please call the Gibbons Family Resource Centre main office at 780-923-2374

For more information on Sherwood Park - Strathcona County PCN workshops and courses, visit:  
[www.sherwoodparkpcn.com/programs-classes](http://www.sherwoodparkpcn.com/programs-classes)



LANDING TRAIL PARENT INVOLVEMENT ASSOCIATION PRESENTS

# Trick or BINGO

Come enjoy a family friendly evening playing BINGO right here in Gibbons in support of Landing Trails PIA activities

FRIDAY, OCTOBER 25, 2024  
DOORS OPEN AT 6:00PM  
FIRST GAME BEGINS AT 7:00PM  
LANDING TRAIL SCHOOL GYMNASIUM

ALL AGES WELCOME  
CASH GAMES (18+)  
RAFFLE

CONCESSION WILL BE AVAILABLE

FOR MORE INFORMATION PLEASE CONTACT  
LANDINGTRAILPIA@GMAIL.COM

SOUP'S ON  
EMMANUEL GIBBONS  
ANGLICAN CHURCH  
Corner of 28A and Main Street  
Every Thursday  
11AM-1PM  
Sept 19/24- November 28/24

Town Offices will be closed on  
Monday, September 30th &  
Monday, October 14th

Catch a killer on a 1930s luxury train to win fantastic prizes!

## GIBBONS PUBLIC LIBRARY MURDER MYSTERY EVENT

\$25 ticket gets you a train ticket to Paris, finger foods and refreshments!

November 2, 2024 • 7-10 p.m

Purchase tickets at the Gibbons Public Library 780 - 923-2004

For more information check out the Gibbons Public Library social media pages



**CONTACT US**  
**TOWN OF GIBBONS**

- 780-923-3331
- www.gibbons.ca
- gov@gibbons.ca
- 4807 50 Ave Box 68 Gibbons
- GIBBONS.AB

**Gibbons**  
ROOTED IN FAMILY

**CONTACT US**  
**GIBBONS FAMILY RESOURCE CENTRE**

- 780-923-2374
- www.gibbons.ca
- gfrc@gibbons.ca
- 5016 50 Street Box 68 Gibbons
- Gibbons Family Resource Centre

**Gibbons**  
Family Resource Centre

**Town of Gibbons**  
**Maintenance and Pedestrian**  
**Crossing Upgrade**

**GIBBONS PRESCHOOL**

**Accepting registrations for the 2024-2025 school year**

**Here's What Your Child Will Learn**

- Kindergarten readiness, fostering lifelong learning
- Cooperation, sharing, recognizing emotions and listening to others
- Following directions, group involvement, decision-making
- Gross and fine motor skills, pre-writing, mathematical skills

**Our Schooling Hours**

- Tuesday, Wednesday, Thursday
- 9:00am to 11:30am / 12:00pm to 2:30pm

**Play, Learn Grow Together**

**New enrollment at**  
www.gibbonspreschool.com  
info@gibbonspreschool.com  
**780-504-3183**

**MEN'S NIGHT OUT**

**Gibbons Men's Fire Night**  
**October 6-8 pm 4910 52 Street**

Public invitation to all men in the Gibbons area to come relax, connect with others in the community, and hopefully find some rest from our full lifestyles.

This is a Free event. Tell your husband, neighbor, and friend to attend.

**Completion Fall 2024**

**TRANS CANADA TRAIL**  
SENTIER TRANSCANADIEN

**Gibbons**  
ROOTED IN FAMILY  
gibbons.ca

This project was funded in part by a grant from Trans Canada Trail

**Adult Drop-In Volleyball**

**Gibbons School Gym**  
**Monday's from 7:15pm-9:15pm**  
**\$3/person**

All Adults (18+) are welcome to come play community Volleyball  
All skill levels welcome

**GRIEF SHARE**

**STURGEON ALLIANCE CHURCH**

13 Weeks beginning,  
Monday Sept 30, 2024  
6:30pm - 8:30pm  
780-923-2727  
sturgeonalliance.org  
4910 52 Street Gibbons

Please use QR Code to register

**YOUR JOURNEY**  
FROM MOURNING TO JOY

**KING'S KIDS PRESCHOOL**

**ACCEPTING REGISTRATIONS**

Call 780-923-2727 for questions

Register Online

Email kingskidsgibbons@gmail.com to schedule a walk-through of the facility

**3 year old fees are \$10/month**  
**4 year old fees are \$20/month**