## August 2024 GIBBONS NEWSLETTER The latest programs and events for the Town of Gibbons

Gibbons ROOTED IN FAMILY	AUGUST	Gibbons Family Resource Centre
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Garbage & Recycling Conductor Hat Making @ Museum 1:30PM-4:00PM Youth Centre 3:00PM-7:00PM	2 Comic Club @ Library 5+ 1:15PM-2:15 PM	3
4	5 Town Offices Closed for Civic Holiday	6 Youth Centre 3:00PM-7:00PM	7 Gardening Day @ Gibbons Museum 1:30PM-4:00PM	Garbage Only 8 Quilting Day @ Museum 1:30PM-4:00PM Youth Centre 3:00PM-7:00PM	9 Comic Club @ Library 5+ 1:15PM-2:15 PM	10
11	12	Preschool Storytime 1:30PM-2:30PM Summer Reading Club 6+ 1:30PM-2:30PM Lego Club ( All Ages) 2:30PM-4:30PM Youth Centre 3:00PM-7:00PM	14 Beach Day @ Popular Park 1:30PM-4:00PM	Garbage & Recycling <sup>15</sup> Summer End Party @ Museum 1:30PM-4:00PM Youth Centre 3:00PM-7:00PM	16 Comic Club @ Library 5+ 1:15PM-2:15 PM	17
18 AHS Screen test Mammography Clinic Call: 1-800-667- 0604 to Book APPT	19 AHS Screen test Mammography Clinic Call: 1-800-667- 0604 to Book APPT	Preschool Storytime (0-6)20 1:30PM-2:30PM Summer Reading Club 6+ 1:30PM-2:30PM Lego Club ( All Ages) 2:30PM-4:30PM Youth Centre 3:00PM-7:00PM	21 Water Fight Day @ Echo Glen Park 1:30PM-4:00PM	22 Garbage Only Youth Centre 3:00PM-7:00PM	23 Comic Club @ Library 5+ 1:15PM-2:15 PM	24
25	26 Youth Centre 3:00PM-7:00PM	27 Children's Clothing Swap @ Gibbons Curling Rink 2:00PM-6:00PM Youth Centre 3:00PM-7:00PM	28 Regular Meeting Of Council 7:00PM Youth Centre 3:00PM-7:00PM	29 Garbage & Recycling Youth Centre 3:00PM-7:00PM	30 Youth Centre 3:00PM-7:00PM	31
Office Closures	Programs	Events	Council Mee	tings Yout	h Centre	Garbage Days



Join us for one of Alberta's largest garage sales!



Saturday September 7th 9:00am-5:00pm / Rain or Shine



Interested in being a vendor? Get your registration form online @ Gibbons.ca or @ the Town Office

#### **TOOLS FOR SCHOOL**

If your family is in need of school supplies for the 2024/2025 school year, contact the GFRC for more info @ 780-923-2374

'Gibbons Residents Only 'Deadline to sign up is August 5th 'Limited Availability

## **GIBBONS SUMMER PROGRAMS** JULY 2ND TO AUGUST 21ST

#### BREAKFAST AND MORNING

FUN: FREE - CULTURAL CENTRE SERVUS ROOM **EVERY WEEK DAY** 9:30 - 10:30 Breakfast 10:30 - 11:30 Activities and Crafts Let Us Know if You Plan to Attend at gibbons.ca/summerprograms

#### **THEME DAYS:**

FREE - LOCATION VARIES 1:30-4:00 PM

WEDNESDAYS (6+) **JULY 3 Science Day @ Cultural Centre JULY 10 Dinosaur Day @ Poplar Park JULY 17 Survival Day @ Echo Glen Park JULY 24 Carnival Day @ Brumfit Park** JULY 31 Space Day @ Cultural Centre AUG 7 Gardening Day @ Gibbons Museum AUG 14 Beach Day @ Poplar Park AUG 21 Water Fight Day @ Echo Glen Park

**GIBBONS LIBRARY:** FREE - GIBBONS LIBRARY PROGRAM ROOM

#### **TUESDAYS:**

1:30-2:30 Preschool Storytime (0-6) 1:30-2:30 Summer Reading Club (6+) 2:30-4:00 LEGO CLub (All ages)

**FRIDAYS:** 1:15-2:15 Comic club (5+)

#### **MUSEUM DAYS**

FREE - MUSEUM/OLIVER PARK 1:30-4:00 PM

THURSDAYS (6+) **JULY 4 Historical fiction JULY 11 Pioneer Board games + Puzzles JULY 18 Family History JULY 25 Tincture Making AUG 1 Conductor Hat Making** AUG 8 Quilting day **AUG 15 Summer End Partv** 

#### FIELD TRIPS:

PICK-UP/DROP-OFF GIBBONS CULTURAL CENTRE TIME & PRICE VARIES

**MONDAYS (6–12)** JULY 8 12:45-4:00 p.m. Grosvenor Pool (\$10) JULY 15 12:45-4:00 p.m. Jurassic Forest (\$18) JULY 22 12:45-4:00 p.m. Tour of the Fort in Fort Saskatchewan + Sheep (\$13)

JULY 29 12:15-4:30 p.m. Clareview Rec Centre (\$15) AUG 12 9:45-4:00 p.m. Edmonton Valley Zoo (\$25)

> **Registration Starts June 1 at** gibbons.ca/summerprograms

Contact: (587)596-8576 summerprograms@gibbons.ca Program link: gibbons.ca/summerprograms







**Gibbons Summer Programs** 





#### Come Visit The Gibbons Museum This Summer!





Open June 7- August 16 9:00 AM - 4:00 PM Monday to Friday 12:00 PM - 1:00 PM Closed for Lunch



visit our website or facebook page for updates and further information gibbons.ca/museum facebook.com/gibbonsmuseum

# **SUMMERS END PARTY!**

Thursday, August 15 1:30 PM - 4:00 PM At The Gibbons Museum

We're celebrating another wonderful year for the Gibbons Museum with a party!

This will be the final week the Museum will have summer hours of operation, so we're going to go out with a bang with lawn games, water balloons, and more!

We will also be trying to clear out our concession for the year, so come by for a pop, ice cream, chocolate bar, or other treat, all for <u>one dollar</u>!

This event is weather dependent, and will be cancelled if poor or severe weather occurs.



4709 48 Ave Gibbons, Alberta gibbons.ca/museum facebook.com/gibbonsmuseum

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#### MEET THE COMMUNITY NIGHT & TOUCH A TRUCK EVENT

Town of Gibbons



#### GIBBONS CULTURAL CENTRE TUESDAY, SEPTEMBER 10, 5:30-7:30PM

50 LOCAL COMMUNITY GROUPS AND ORGANIZATION WITH THE ADDITION OF 10 LARGE VEHICALS TO EXPLORE.

FREE BBQ

gibbons.ca

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Gibbons

Family Resource Ce

**Celebrate** the Dreamer in You



Learn More at ImaginationLibrary.com and register at the Library!







Sturgeon

Scan OR

**To Register** 

**CHAIR YOGA** 

10+ to be able to stay Home Alone Safely.

#### **TUESDAY NIGHT KUNDALINI YOGA**

WITH SHANNON

**@GIBBONS CULTURAL CENTRE** TUESDAY EVENINGS 7:00PM-8:00PM 2ND FLOOR YOGA ROOM SEPTEMBER 17TH - OCTOBER 29TH \$105 + GST

**REGISTER HERE:** www.gibbons.ca/register





Sturgeon

**TAI CHI** 

Wednesday Evenings 7:00PM - 8:00PM \$125 + GST September 18th - October 30th 2024 2nd Floor Yoga room @ Gibbons Cultural Centre

Registration: www.gibbons.ca/register





## BABYSITTING

SAFETY COURSE

Location: Gibbons Cultural Centre Date: September 16th, 2024 Time: 9:00AM - 3:00PM PD Day **Cost:** \$50

Ages: 11.5+

**Register Here:** https://www.gibbons.ca/register



Any questions call community services 780-923-2374





















Scan QR

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Register

Gibbons Sturgeo











### Gibbons Poplar Park Sprau Park





Mobile Mammography Screening is coming to:

**Gibbons** August 16 to 19, 2024 Gibbons Cultural Centre



Appointments are required. Call to book:

1-800-667-0604 (toll free)

To learn more visit: Screeningforlife.ca

Thank you for supporting Screen Test for over 30 years. Together we are saving lives, one community at a time.



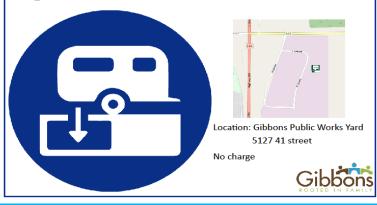


#### Public Works Branch & Grass Recycling Program

Hours of Operation Monday-Friday 7:00am-4:00pm Saturdays 9:00am-1:00pm Closed STAT Holidays \*weather permitting No branches/trees over 4 inches in diameter. Must bring Town of Gibbons Utility Bill to prove residency. Will remain open until mid October

Gibbons

#### Gibbons RV Dump Station Opened for the season



## Help the local Food Bank by donating these most needed items!



780-923-2344 5016 50 St, Gibbons Bon Accord & Gibbons Food Bank bonaccordgibbonsfoodbank@gmail.com Gibbons Group Programming



The Sherwood Park – Strathcona County Primary Care Network (PCN) has partnered with the Gibbons Family Resource Centre to deliver group programming to support you in managing your health.

The Sherwood Park - Strathcona County PCN multi-disciplinary team of healthcare professionals – nurses, dietitians, behavioural health consultants, mental health therapists, pharmacists, and exercise specialists – who are dedicated to supporting your health and wellness needs. When needed, we also offer one-on-one appointments.

We serve the communities of Sherwood Park, Strathcona County, Fort Saskatchewan, Lamont, Gibbons, Redwater, Bon Accord, parts of Edmonton, and surrounding areas.

#### HEALTHY EATING FOR 1-2 - AUGUST 14, 2024, 9:00 AM



Location: Gibbons Cultural Centre, 5115 51 Street

Join our Registered Dietitian to discover the art and science of crafting nutritious and simple meals perfectly suited for one or two servings. Whether you're cooking for yourself or sharing meals with a loved one, this class offers practical insights and strategies to optimize your health and simplify the cooking process. Class length: 1-2 hours.

#### MEDITERRANEAN WAY OF EATING - August 28, 2024, 1:00 PM

inspire you. Class Length: 1-2 hours.

Location: Gibbons Cultural Centre, 5115 51 Street



The Mediterranean way of eating offers a rich tapestry of culinary traditions rooted in fresh, wholesome ingredients and mindful dining practices. In this class, our Registered Dietitian will delve into the heart of the Mediterranean way of eating and the scientific principles that underpin its remarkable health benefits. Whether you're seeking to improve your health, expand your food choices, or simply indulge in the pleasures of good food, our Mediterranean Way of Eating class offers an enriching experience that will

## To register, please call the Gibbons Family Resource Centre main office at 780-923-2374

For more information on Sherwood Park - Strathcona County PCN workshops and courses, visit: www.sherwoodparkpcn.com/programs-classes





your health. your team.

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<b>W</b> <b>Final Control of Control of</b>	www.dancemoves2.com
Looking for Support? 02	Classes for
Let us help! 03 Thursdays 6:45 pm Dew Drop Inn 4539 49 Street Gibbons Contact: Michelle 780-289-2678 Susan 780-983-8431 05	<ul> <li>PARENTED CLASSES 5 MONTHS TO 4 YEARS</li> <li>DROP OFF CLASSES FOR AGES 3 &amp; UP</li> <li>ADULT PROGRAM FOR AGES 18+</li> <li>MONTHLY PAYMENTS AVAILABLE</li> <li>KIDSPORT &amp; JUMPSTART FUNDING ACCEPTED</li> <li>Wed Aug 28th 6-9pm</li> <li>S002 51 Ave, Gibbons (upstairs in the Gibbons hockey arena)</li> </ul>
上的现在分词。 一次现在我们的问题,	Gibbons Men's Fire Night August 11th at 8pm blic invitation to all men in the Gibbons area to come relax, connect with others in the community, and hopefully find some rest from our full lifestyles.

This is a Free event. Tell your husband, neighbor, and friend to attend.

#### Echo Glen Park BBQ Night with Fire

